



ACADEMY OF THE HOLY FAMILY

PRINCIPAL'S NEWSLETTER SEPTEMBER 2023

Dear AHF Families,

I am happy to report that we have begun the new school year with increased enrollment and enthusiasm. All of our new students are settling in nicely. Our student ambassadors have been wonderful in easing the transition for their new friends. This first week has been one of orientation and easing into the academics. Please know that I have an open door policy, and students are always welcome to see me if they have any concerns or questions. I am always available to assist parents/guardians in any way, so please feel free to call me or email me any time if I may be of assistance to you.

We also have some new faculty and staff members who bring many gifts and talents. A complete updated list of faculty and staff members, along with email addresses is included in this newsletter in an effort to familiarize you all with each person's function within the school. We have an outstanding team dedicated to the mission of our school. I am proud and blessed to be working with them during our 149th year of successfully educating young women from all over the world.

Our athletic program has already begun and soccer practice has been occurring daily. We look forward to our upcoming basketball and softball seasons.

I would like to inform the parents/guardians of our day students that during inclement weather, school closure/delay announcements will be sent home via email as soon as the decisions are made. They will also be available on the local television and radio stations and websites. If the school is closed due to inclement weather, students will be assigned asynchronous assignments via Google Classrooms. It is important that they take the school issued laptops home on a daily basis.

My prayer for you this month is that our young ladies settle in nicely during this school year and that you are reassured that they could not be in a better place. You have made the best decision you possibly could have made for them, and all of us here at AHF are grateful for the sacrifices you have made and the support you have shown us.

God Bless!

Henry Fiore, Jr.

Principal

Words of Encouragement for First Time Boarding School Parents and Students

Since we have so many new students at AHF, I would like to offer some advice for parents and students who are new to the boarding school experience. We all recognize how difficult transition is, especially to a location far from home. To ease the transition, try to concentrate on the advantages of all of the great things an all-girls Catholic boarding school has to offer:

- AHF accepts students of all religious denominations. We foster a Catholic Christian community, and Jesus is at the center of all we do here. We live the faith we espouse daily. One could not ask for a better spiritual environment, which in itself lends itself to a calming, peaceful, and reassuring state of mind.
- Research shows that schools like AHF, which have smaller populations, not only offer a better student/teacher ratio, but also, the students will also be more likely to assume larger roles and learn leadership skills that will stay with them for the rest of their lives
- The sense of community here at AHF is very strong. Our brand is “The Academy of the Holy Family-Where Friends Become Family”. AHF has a proven track record of the formation of close, lifelong friendships. Having the Sisters of Charity, of Our Lady, Mother of the Church living on the same campus also lends itself to more interaction with the students. I can witness from my own personal observations here that one could not ask for better role models.
- We serve local and global students from all over the world. This helps us to connect our vast planet. We celebrate our multiculturalism. Attending AHF means being part of a global community and network, something that will benefit our students both educationally, personally, and professionally.

Pope Francis' Monthly Prayer Intention September 2023:

September

For people living on the margins

We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance.

(USCCB)

◀ Aug 2023 September 2023 Oct 2023 ▶						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 First Friday Mass 9:30am Soccer Practice 3-4:45	2
3	4 Labor Day No School	5 Soccer Practice 3-4:45	6 Lynn University rep visits at 11:00am Soccer Practice 3-4:45	7 Soccer Practice 3-4:45	8 Soccer Practice 3-4:45	9
10	11 Soccer Practice 3-4:45	12 Soccer Practice 3-4:45	13 Soccer Practice 3-4:45	14 St. Thomas Aquinas rep visits 10:30 Soccer Practice 3-4:45	15 Soccer Practice 3-4:45	16
17	18 Opening of School Mass with Bishop Cote 10 am Soccer Practice 3-4:45	19 Soccer Practice 3-4:45	20 Soccer Practice 3-4:45	21 Soccer Practice 3-4:45	22 Soccer Practice 3-4:45	23
24	25 Soccer Practice 3-4:45	26 Soccer Practice 3-4:45	27 First Quarter Progress Reports Issued Soccer Practice 3-4:45	28 Soccer Practice 3-4:45	29 Soccer Practice 3-4:45	30

AHF FACULTY/STAFF 2023-2024

Mother Mary David- Director

Henry Fiore, Jr. – Principal principal@ahfbaltic.org

Sister Rafael- Vice Principal, Science, Church History, Senior Advisor, Yearbook and Drama
smraf@ahfbaltic.org

Sister Stella Maria-Admin.Assistant, Business Manager adminassist192@ahfbaltic.org, finance@ahfbaltic.org

Mother Mary Mark, Guidance Director, teacher of Morality and Psychology guidance@ahfbaltic.org

Sister M. Kateri-Admissions, Overview of Catholicism/ Freshmen Advisor admissions@ahfbaltic.org

Mrs.Cheryl Johnson- School Nurse schoolnurse@ahfbaltic.org

Sister Mary Jane- Math, Advisor for Legion of Mary, Junior Class, National Honor Society
smaryjane_math@ahfbaltic.org

Sister Maria Teresa- School Nurse Biology, Anatomy, Physiology, and Health science@ahfbaltic.org

Mrs. Mandy Sur- Art msur@ahfbaltic.org

Sister M. Irene- Environmental Science, Resource Teacher, Sophomore Advisor, Library Student Council advisor srmirene@ahfbaltic.org

Mother Joan Clare- Concert Choir srjoanclare@ahfbaltic.org

Sr. Faustina- Dorm mother sistermfaustina@sistersofcharity.com

Mrs. Maureen Fleming- Campus Ministry and teaching Sacred Scripture and Life Skills
mflaming@ahfbaltic.org

Mr. Gerard Massad- Technology Coordinator/Math teacher/College Planning gmassad@ahfbaltic.org

Mr. John Martin- History, Civics/Government, Advisor for Communications, Classroom IT, Human Rights Club Moderator jmartin@ahfbaltic.org

Mr. Peter Laffin -English Language Arts plaffin@ahfbaltic.org

Ms. Kelly Williams-English Language Arts, Life Skills kwilliams@ahfbaltic.org

Ms. Suzanne Fowler- Foods, Dorm Mother, Lunch Assistant, Phys. Ed Assistant sfowler@ahfbaltic.org

Miss Alice Crosby- Spanish Latin acrosby@ahfbaltic.org

Glenn Costello- Physical Education, runs Field Day gcostello@ahfbaltic.org

Sr. M. Alexandria- Student teaching Math/Dorm Mother srmalexandria@sistersofcharity.com

Michael Roberts – Athletic Director and Coach mjr8167@yahoo.com

Sr. Mary Grace, SCMC- Food Service

Michael Smith- Head of Maintenance

Please note: This schedule is subject to change

AHF SOCCER SCHEDULE SEPTEMBER/OCTOBER

Date	Sport	Opponent	H/A-Facility	Time/Result		
Thu., 9/7	V Girls Soccer	Windham Tech	Away - Windham Technical HS-Currier Field [Directions]	3:45 p.m.		
Mon., 9/11	V Girls Soccer	Tourtellotte	Away - Tourtellotte Memorial HS-TMHS Soccer Field [Directions]	4:00 p.m.		
Wed., 9/13	V Girls Soccer	Ellis Tech	Home - Norwich Technical HS-NTHS Outdoor Athletic Complex [Directions]	3:45 p.m.		
Fri., 9/15	V Girls Soccer	Bullard Havens Tech	Away - Seaside Park-Seaside [Directions]	3:45 p.m.		
Tue., 9/19	V Girls Soccer	Prince Tech	Away - Prince Tech [Directions]	3:45 p.m.		
Thu., 9/21	V Girls Soccer	Windham Tech	Home - Norwich Technical HS-NTHS Outdoor Athletic Complex [Directions]	3:45 p.m.		
Tue., 9/26	V Girls Soccer	Abbott Tech	Home - Norwich Technical HS-NTHS Outdoor Athletic Complex [Directions]	3:45 p.m.		
Thu., 9/28	V Girls Soccer	Wilcox Tech	Home - Norwich Technical HS-NTHS Outdoor Athletic Complex [Directions]	3:45 p.m.		
Tue., 10/3	V Girls Soccer	Prince Tech	Home - Norwich Technical HS-NTHS Outdoor Athletic Complex [Directions]	3:45 p.m.		
Thu., 10/5	V Girls Soccer	Goodwin/Innovation	Away - Goodwin Tech-Soccer Field [Directions]	3:45 p.m.		
Tue., 10/10	V Girls Soccer	Grasso Tech	Away - Grasso Tech-Upper Track and Turf Field [Directions]	3:45 p.m.		
Thu., 10/12	V Girls Soccer	Ellis Tech	Away - Ellis R V Tech School-Soccer Field [Directions]	3:45 p.m.		
Tue., 10/17	V Girls Soccer	Platt Tech	Home - Norwich Technical HS-NTHS Outdoor Athletic Complex [Directions]	3:45 p.m.		
Thu., 10/19	V Girls Soccer	New London	Home - Norwich Technical HS-NTHS Outdoor Athletic Complex [Directions]	3:45 p.m.		



PRAYER FOR THE BEGINNING OF THE SCHOOL YEAR

**God of wisdom and might,
we praise you for the wonders of
our being, for mind, body, and spirit.
Be with our children as they begin
a new school year.**

**Bless them and their teachers
and staff.**

**Give them strength and grace as
their bodies grow; wisdom and
knowledge to their minds
as they search for understanding;
and peace and zeal to their spirits.**

**We ask this through Jesus Christ
our Lord. Amen.**

- from *Catholic Household Blessings & Prayers*