

Dear AHF Families,

As we begin the Holy Season of Lent this month, we instill upon our students the importance of increasing the quality of our worship through an increase in prayer, sacrifice, and almsgiving. Our school exemplifies these three components, not only during Lent, but throughout the entire year, with our daily multiple prayers, especially for those in need, our commitment to the needy by volunteering in our Food Pantry, and the sacrifices we make by fasting and “giving up” things we like, and by increasing our spiritual awareness during Lent. The Sisters of Charity live their calling each and every day, and are such perfect examples of prayer, sacrifice, and almsgiving, as they give of themselves entirely in their service to Our Lord. The lay faculty chose to teach in our Catholic school because they have answered the call to the vocation of Catholic education, and they truly believe instilling the faith and wisdom of Our Lord is as important as instilling the knowledge they present.

I would like to thank you all for the sacrifices you make to send your daughters and granddaughters to AHF. I am truly blessed to be working with such an outstanding group of young ladies with our amazing faculty and staff, and to be doing so in such a holy and reverent atmosphere. The most beautiful part of this holy season is that we learn the lesson of the fruit of our sacrifices, prayer, and generosity: eternal joy. As one of my heroes, the Venerable Fulton J. Sheen, used to say, “There has to be a Good Friday in order for there to be an Easter Sunday.” Hope is alive and well at AHF, and the end result of faith, hope, and charity is always joy, as we learn from the Gospel lessons we live daily here at AHF.

Please be sure to check our calendar and note that there has been a change since the original yearly calendar sent out this summer. There is an added day to the February break. The reason for this added day is because when Bishop Cote came to celebrate Mass with us and joined us for lunch, before he left, he gave the students a present: a free “day off at the discretion of the principal.” I chose February 14th, which is also Ash Wednesday, symbolizing a time of renewal of our faith, and it also happens to be Valentine’s Day, a day symbolizing love. The dorms will be open during the break.

May your Lenten journey be a fruitful one.

Henry Fiore, Jr.
Principal

February 2024

◀ January	February 2024						March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Catholic Schools Week →→→→				1 Ice cream social at lunch <hr/> Basketball Practice 3:15-4:30 Drama 7-8:30pm	2 First Friday Mass 9:30am <hr/> Student Faculty bowling in gym 2:05pm	3	
	4	5 New Year's Group 4-5:30pm	6 Drama Club 7-8:30pm	7	8 Drama 7-8:30pm	9	10
11	12 New Year's Group 4-5:30pm	13 Basketball Away game vs. Wilcox Tech 4:30-JV 6:00-Varsity	14 February Break No School Dorms Open <hr/> 	15 February Break No School Dorms Open <hr/> Drama 7-8:30pm (for those present)	16 February Break No School Dorms Open	17 February Break No School Dorms Open	
18 February Break No School Dorms Open	19 February Break No School Dorms Open <hr/> 	20 Drama Club 7-8:30pm	21	22 4pm School retreat commencement <hr/> Drama 7-8:30pm	23 Student Retreat for the Day <hr/> Faculty PD in the morning.	24	
25	26 New Year's Group 4-5:30pm	27 Drama Club 7-8:30pm	28	29 Drama 7-8:30pm			



Acad. of the Holy Family 2023-24 Girls Basketball Schedule						
Date	Sport	Opponent	H/A-Facility	Time/Result	Bus Time	Note
Tue., 2/13	V Girls Basketball	Wilcox Tech	Away - Wilcox Tech-Gym [Directions]	6:00 p.m.		
Tue., 2/13	JV Girls Basketball	Wilcox Tech	Away - Wilcox Tech-Gym [Directions]	4:30 p.m.		



WE WILL BE CELEBRATING THE 150TH ANNIVERSARY OF AHF ON OCT 7, 2024!

We are happy to announce that we have a special committee in charge of celebrating our 150th anniversary. The committee consists of faculty members, parents, alumnae, and students. Our Alumnae Relations Subcommittee of the school board has been working on gathering and consolidating lists of alumnae. Our hopes are to have a weekend celebration of events during the actual anniversary week. We are currently seeking parents, grandparents, alumnae, and students who are interested in helping out at the events or volunteering virtually online to make our celebration of one hundred fifty years of success a fruitful and fun-filled weekend. If you are interested in assisting, please contact our Co-chairs, Mr. John Martin at

jmartin@ahfbaltic.org, and Ms. Deb Pratt at deb@alliedsnowremoval.com. Work has already begun on a revamp of our website for the special event. Stay tuned for details!



A Lenten Prayer

**Almighty and Everlasting God,
You have given the human race
Jesus Christ our Savior as a model of humility.
He fulfilled Your Will by becoming Man
and giving His life on the Cross.
Help us to bear witness to You
by following His example of suffering
and make us worthy to share in His Resurrection.
We ask this through our Lord Jesus Christ, Your Son.**

Amen.

(from Catholic Online)

