

Dear AHF Families,

We begin the new year with much anticipation and joy. In a few months, we will officially be celebrating 150 years of success at the Academy of the Holy Family. It is mind boggling to consider the thousands of students (including many of the Sisters and Mothers living here) who have walked the halls here, made lifelong friendships with, called AHF home away from home, and most importantly, received a solid academic experience in such a faith –filled environment for almost one hundred fifty years. To give it some perspective, Ulysses S. Grant was president of the US when AHF opened!

Our basketball season has begun, and we are happy that we have enough players for both a JV and Varsity team. Our first games will take place on Wednesday, January 16. On January 22, we will be having a proactive assembly on maintaining good behavioral health. We have a nationally known speaker, Dahyana Schlosser, who serves as a Catholic school mental health consultant. She has been here before and will be back by popular demand, as she was well received by all of us at AHF. We are blessed in that we do not have many of the problems that are prevalent in schools across the US these days. Our approach is to be proactive, and provide our students with skills, strategies, and awareness for emotional regulation and handling stress. Having worked with many Catholic school students, Dahyana realizes how important our faith is to our behavioral well being as well. On January 24 we celebrate International Day. Details are included in this newsletter.

Catholic Schools Week is January 28-February 3. It is a national celebration of Catholic schools. This year's theme is Catholic Schools: United in Faith and Community. This theme is a perfect fit for our school, as we live right within the Motherhouse of the most wonderful religious community, the Sisters of Charity of Our Lady, Mother of the Church. One could not ask for more perfect role models of community and faith. As a Catholic school, our mission and Catholic identity are at the forefront of everything we do and everything we stand for which, I believe, is the reason that we have been so successful for so many years. As Saint Paul tells us, *“If God is for us, who can be against us?”* (Romans 8:31)

We are beginning Catholic Schools week early with our annual Open House for prospective families on January 27. If you know of any families who may be interested in our school, please share the date with them and have them contact Sr. Kateri at [admissions@ahfbaltic.org](mailto:admissions@ahfbaltic.org) to register or to get information. Our Student Council has some fun activities for the week and Mr. Costello, our Physical Education teacher will be turning the St. Michael Center into a “bowling alley” for some friendly competition to close out the week.

God Bless!

*Henry Fiore, Jr.*

## January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> New Year's Day Dorms Closed	<b>2</b> Residents return	<b>3</b> Classes resume after Christmas Break	<b>4</b> Basketball Practice 3:15-4:30	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> Basketball Practice 3:15-4:30	<b>10</b>	<b>11</b> Basketball Practice 3:15-4:30	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> No School Martin Luther King Jr. Day	<b>16</b> Basketball Practice 3:15-4:30	<b>17</b> JV & Varsity Basketball games vs. Wilcox Tech.(away) 4:30 pm JV 6:00pm Varsity	<b>18</b> Basketball Practice 3:15-4:30	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b> School Board meeting 5pm  Basketball Practice 3:15-4:30	<b>24</b> International Day	<b>25</b> Basketball Practice 3:15-4:30	<b>26</b>	<b>27</b> Open House for prospective families (CSW)
<b>28</b> Catholic Schools Week (CSW) →→→	<b>29</b> School wide Assembly Maintaining Behavioral Health 12-3	<b>30</b> Students dress as future occupations (CSW)	<b>31</b> Bingo (CSW)	<b>Clubs that meet at lunch weekly:</b> Communications: Mondays Human Rights: Tuesdays Campus Ministry: Wednesdays TOP Life Thursdays FIT Club: Fridays Multicultural Club: Wednesdays 3-3:30 Student Council : Mondays at 7pm-8pm		

Acad. of the Holy Family 2023-24 Girls Basketball Schedule						
Date	Sport	Opponent	H/A-Facility	Time/Result	Bus Time	Note
Wed., 1/17	V Girls Basketball	<a href="#">Wilcox Tech</a>	Away - Wilcox Tech-Gym <a href="#">[Directions]</a>	6:00 p.m.		

Wed., 1/17	JV Girls Basketball	<a href="#">Wilcox Tech</a>	Away - Wilcox Tech-Gym <a href="#">[Directions]</a>	4:30 p.m.		
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# International Day



In keeping with a long standing tradition at the Academy of the Holy Family, as part of our Catholic Schools Week activities, we will be celebrating International Day. Since we are an international school, it is only fitting that we celebrate our diversity and learn from each other with a day filled with multicultural activities.

Students will be wearing clothes from their native countries, preparing native foods, giving presentations, singing, dancing, and more. International faculty members take part in this celebration as well. Multicultural education values different cultures and prepares our students to thrive as daughters of the King in a diverse world. It fosters equality, justice, and equity, and it establishes the reality of shared ideals in classroom environments. We celebrate multiculturalism every day at AHF, and it is important to dedicate this important day to honor the mosaic of cultures which are represented. We are all God's children and the school brand is so appropriately phrased, "The Academy of the Holy Family-Where Friends Become Family". We are all blessed to be a part of this family at AHF each and every day.



Now that the winter season is upon us, there is always a chance for a school delay, cancellation, or early dismissal. For our domestic students and for any family trying to contact the school, please note that all families will receive an email from me clearly indicating the status. It will also be posted on the local Connecticut television stations. We always strive to be proactive in alerting families, students, and faculty members well in advance as much as possible, depending upon the forecast.

In the event we have no school due to inclement weather, the school days will be asynchronous days, so the students will be assigned Google Classroom work, with the understanding that we are at the mercy of the weather, power outages, and no wifi, so this is done with as much flexibility as possible for our students.

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## New Year's Prayer 2024



**Good and Gracious God,**

**We thank you for a new year. As we begin a new year, remind all of us in the AHF school community of our truest values and our deepest desires. Help us to live in the goodness that comes from doing what you want us to do. Help us to put aside anxiety about the future and the past, so that we might live in peace with you now, one day at a time.**

**Amen**