



Dear AHF Families,

This year, the entire month of February falls in the liturgical season of Ordinary Time. Generally speaking, the month is dedicated to the Holy Family. The tradition began in the 17th century to encourage families to emulate the Holy Family of Jesus, Mary, and Joseph. What a perfect time to reflect upon the Holy Family, for whom our school has been named for the past 150 years. Our brand is “Where friends become family”. Our entire school community is truly one big family. We are blessed to have this distinction.

This month, let us all try to learn more from the Holy Family. The Rev. John L. McKenzie, a professor of theology, indicated that the “Roman Catholic teaching identifies the family as the social and moral center of the community; the family, according to the *Catechism of the Catholic Church*, is ‘the original cell of social life.’”

In this day and age where people are communicating “with their thumbs” on electronics, it is important for us, as adults to foster not only our faith, but communication. It is up to us to set the examples of manners, politeness, respect, and the art of verbal communication (yes, face-to-face!) At first, our new rule for no phones during the school day was met with disappointment. However, we are happy to report that our students have adjusted beautifully, and without complaint, and we witness the increase in face-to-face communication and strong “sisterly” bonds. The Religious “Sisterly” bonds further serve as models for our students every day.

In 2025, EVERYBODY has a busy schedule. It is up to us to make the time to eat, talk, and share feelings with each other within our families, no matter what the family structure is. Sometimes all it takes is reassurance from a family member to relieve and prevent anxiety, which is only increasing in our society today. How often do we take the time to pray with our families, and even talk about our faith?

The Holy Family can be a tremendous inspiration to us. Even though Mary and Jesus were both without sin, they, too had to deal with the same family and child-rearing issues we did (except for cell phones ☺). They had their share of problems, from fleeing death to a new land, to poverty, to ridicule, and disbelief. Mary lived the Passion. Let us pray for strength from Mary and Joseph to be more like the Holy Family and always remember why our school carries its name.

Henry Fiore, Jr.
Principal

February 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 3:15-5 Drama	4 3:30-5 Basketball	5 3:15-5 Drama	6 3:30-5 Basketball	7 First Friday Mass 9:30 Hosted by sophomores and freshmen in the Chapel 3 rd Quarter Interim	8 Open House for Prospective New families 10am-12pm
9	10 1:15-NHS Induction- Hanlon Hall 3:15-5 Drama	11 Progress Reports Issued Advisory Board Meeting 5pm (virtual) 3:30-5 Basketball	12 3:15-5 Drama	13 February Break No School Yearbook 1pm	14 February Break No School	15 February Break No School
16 February Break No School	17 February Break No School Drama 9am- 2pm	18 February Break No School	19 3:15-5 Drama	20 3:30-5 Basketball	21 NHS Talent Show 3:30	22 Open House for Prospective New families Snow Date 10am-12pm
23	24 3:15-5 Drama	25 3:30-5 Basketball	26 3:15-5 Drama	27 3:30-5 Basketball	28	

Prayer to the Holy Family



***Lord Jesus Christ, who, being made subject to Mary and Joseph,
did consecrate domestic life by Your unspeakable virtues;
grant that we, with the assistance of both,
may be taught by the example of Your Holy Family
and may attain to its everlasting fellowship.
Who lives and reigns, world without end.
Amen***