



ACADEMY OF THE HOLY FAMILY

150th

PRINCIPAL'S NEWSLETTER APRIL 2025

Dear AHF Families,

As we continue our journey through Lent, the Holy Triduum and the joyous season of Easter, we are reminded of the profound journey from the sorrow of Good Friday to the elation of Easter Sunday. This passage mirrors the personal faith journeys of our students at the Academy of the Holy Family. Just as Jesus' resurrection signifies hope and renewal, our young women experience growth and transformation through challenges, emerging with strengthened faith and character.

The Sisters of Charity of Our Lady, Mother of the Church, who own and operate our school, exemplify the spirit of selfless service. Beyond their dedication to educating our students, they extend their compassion to the broader community with their food pantry and homeless shelter. Their unwavering commitment serves as a living lesson to our students (and faculty, staff, and principal) on the importance of charity and humility in daily life.

Reflecting on the events of Holy Week, we recognize that the despair of Good Friday is a precursor to the joy of Easter Sunday. This narrative teaches our students that moments of hardship and sorrow are often followed by renewal and joy. By embracing their own challenges with faith and perseverance, they learn to find hope and light even in the darkest times.

As we celebrate the resurrection of Christ, let us encourage the young ladies whom we serve to embody the lessons of Easter: to rise above difficulties, to serve others with love, and to walk their faith journey with courage and hope.

Please be sure to see the important information in this newsletter regarding transportation during the Easter Break and information regarding the 2025-2026 school year, including next year's school calendar.

May this Easter season bring renewed faith and abundant blessings to your families.

Henry Fiore, Jr.
Principal

Technology Fee for the 2025-2026 School Year

As you know, AHF has been supplying our students with Chromebooks for the past few years. In addition, this year we added 11 Viewboards/Smartboards for our classrooms and Hanlon Hall. We are in the process of upgrading the Chromebooks, due to the wear and tear of our current ones. Accordingly, in order to stay current with technology, starting in the upcoming school year, we are adding an annual technology fee of \$350 per family. More details will be forthcoming.

April 2025 May ▶						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Kindness Week →→→	31 AHF Adoration 3-7pm	1	2	3	4 First Friday Mass 9:30	5 Slater Museum Tour 10 am
					Final submissions for yearbook	Environmental Club Soil Workshop
6 Spirit Week →→→	7	8	9	10	11	12
13 Palm Sunday	14	15	16 Easter Break→	17 Easter Break→	18 Easter Break→	19 Easter Break→
20 	21 Easter Break→	22 Easter Break→	23 Easter Break→	24 Easter Break→	25 Easter Break→	26 Easter Break→
27 Residents return	28	29	30			

Travel Arrangements for Easter Break

Easter break runs from April 16-27. We provide transportation on **Tuesday afternoon April 15 and Wednesday, April 16** directly to TF Green International Airport (PVD) in Providence (Warwick), RI, and Bradley International Airport (BDL) in Windsor Locks (Hartford), CT. For flights departing from Logan International Airport (BOS) in Boston, the students will need to board the Logan Express bus for Framingham, MA. We only provide transportation to Framingham, not Logan airport. Please be sure to email all travel arrangements from Easter Break to AHF and for the end of the year departures to Sr. Rafael (smraf@ahfbaltic.org). Please note: all residents must arrive no later than Sunday, April 27 and classes resume Monday, April 28. The Sisters have other responsibilities during Easter vacation and they are not available to open the dorms early. Also, there will be no travel arrangements from the school on Monday, April 28, as no drivers will be available due to the classes beginning. Please be aware that any travel arrangements outside of the dates provided will be the responsibility of the parents and guardians, and other transportation methods (Uber, taxi, etc.) must be made. Please contact Sister Rafael at the email address above at your earliest convenience. Thank you for the majority of you who have already submitted this information

AHF SENIOR UPDATES

To date, our seniors have received acceptances from the following colleges and universities:

University of Maryland
Quinnipiac University
Iona University
Assumption University
University of Mass, Amherst
St. Thomas Aquinas College
University of Pittsburgh
Stonehill College
University of Illinois
University of Central Florida
University of Connecticut
Baylor University
Franciscan University
Eastern CT State University
University of California at Berkeley (which has a 1% acceptance rate!)

Congratulations to our hard working seniors! The list will be updated as acceptances continue to arrive.

HOLY THURSDAY PRAYER

Loving God,

You show us by example how to love others.

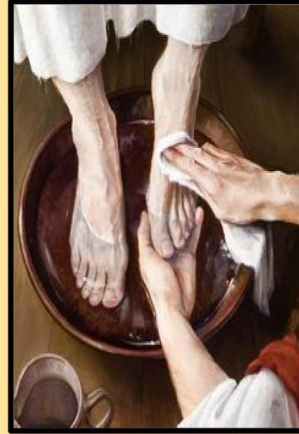
Today as we celebrate Holy Thursday, we remember when you washed the feet of your disciples.

Give us the strength to wash each other's feet, not only in the ritual moment of today, but in all moments of our lives.

May we as a family recommit ourselves to the service of others.

We ask this through Christ, our Lord.

Amen.



Prayer Adapted from Liturgical Press

GOOD FRIDAY PRAYER

Help us to remember this great sacrifice



Our Father in heaven,

We give you all the glory for the love you showed the world by sending your only son to die for us so we might have everlasting life.

Although he never sinned against anyone, he was punished for our sake and he endured so much pain. He made the ultimate sacrifice by dying for us

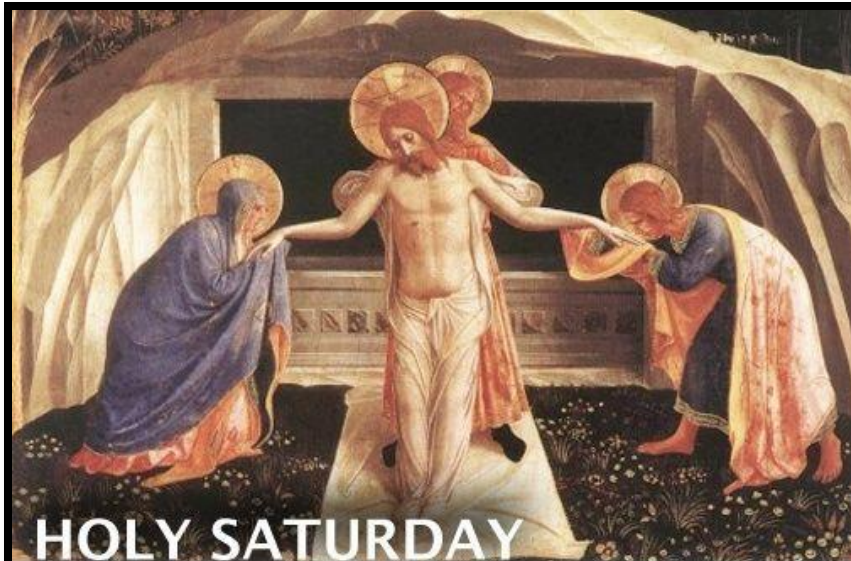
Help us to remember this great sacrifice all the days of our lives

Help us to live a right and just life that will honor your Holy name so that this sacrifice will not be in vain.

Thank you for answering our prayers through Jesus Christ, our Lord

Amen

THE GRACEFUL CHAPTER



HOLY SATURDAY

O God, Creator of heaven and earth:

Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen



Easter Prayer

Dear Lord, may I realize afresh today what Your death and resurrection mean for me. Forgiveness, freedom, and the ability to walk with You through this fallen world into eternity. May I always find my satisfaction in You and Your willingness to offer Yourself to me. In Jesus' Name, Amen.

