



ACADEMY OF THE HOLY FAMILY

PRINCIPAL'S NEWSLETTER FEBRUARY 2026

Dear AHF Families,

Although February is technically the shortest month on the calendar, the spirit and activity at the AHF remain as full and vibrant as ever. We are moving quickly through the semester, balancing our commitment to academic excellence with our deep roots in faith and community.

Our month begins with a focus on better understanding of the social emotional aspect of learning, with a professional development afternoon for our faculty on Thursday, February 5. This is an early dismissal day after lunch. This is followed immediately by our First Friday Mass on February 6, where we gather to center ourselves in the Eucharist. As we lift our hearts in prayer, we also keep a close eye on our academic journeys; 3rd quarter interim progress reports will be shared this month to help students gauge their progress and finish the term strong. A particular highlight of our academic year arrives on February 9, when we will celebrate the hard work and integrity of our students during the National Honor Society induction.

A well-deserved February break will take place from Friday, February 13, through Tuesday, February 17. For our families and students planning their schedules, please note that our dormitories will remain open during this period to ensure our international and residential students are well-cared for. We will return to campus on Ash Wednesday on the 18th, as we begin the Holy Season of Lent. This sacred time allows us to pause and renew our relationship with God, and we are incredibly fortunate to have the Sisters of Charity of Our Lady, Mother of the Church to inspire us through their prayerful presence and dedication.

We will conclude this busy month by coming together for our TOP Life Caring Families Café. This event is a wonderful opportunity for celebrating our commitment to the sanctity of life.

As we enter this season of reflection and preparation, let us walk together in the footsteps of the Holy Family. May your homes be filled with peace and your hearts with the light of Christ during the Lenten days ahead.

Henry Fiore, Jr.
Principal

Reminder : Thursday, February 5 is an early dismissal day. Students will be dismissed immediately after lunch. Day students may stay until regular dismissal time if you contact the school or send us an email.

February 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 No basketball practice this week only→	2	3	4	5 Early Dismissal 11:35	6 First Friday Mass 9:30	7
8	9 Progress Reports sent NHS Honor Society Induction 1:15-3pm	10 3:15-5:30- Basketball	11	12 3:15-5:30 Basketball	13 February Break →→→→→	14
15 February Break	16 February Break 	17 February Break	18 Back to school 	19 9:00 Mass at St. Mary's 3:15-5:30 Basketball	20	21
22	23	24 3:15-5:30 Basketball	25	26 3:15-5:30 Basketball	27	28 TOP Life Caring Families Café 6pm



A Lenten Prayer

**Almighty and Everlasting God,
You have given the human race
Jesus Christ our Savior as a model of humility.
He fulfilled Your Will by becoming Man
and giving His life on the Cross.
Help us to bear witness to You
by following His example of suffering
and make us worthy to share in His Resurrection.
We ask this through our Lord Jesus Christ, Your Son.**

Amen.

(from Catholic Online)